Before each use:

- 1. Check Fall indicator hook red showing, do not use.
- 2. Pull out cable checking for damage or abrasion within available extension.
- 3. Check cable extends and retracts, pull sharply to ensure that brake locks. Retract under control into unit. Should cable not retract hang vertically and repeat.

During use:

- 4. Attach hook to rear or front Dee ring.
- 5. Connect unit to an anchor point conforming to EN 795.
- 6. Allow adequate clearance below operator in the event of a fall.
- 7. Consider pendulum effect when unit is used in a non vertical situation.
- 8. Annual service required by Ridgegear authorised agent.
- •If the connector unit on a block indicates a fall has occurred, if the cable is worn or damaged, or any other part of the unit is considered worn DO NOT USE. Return the unit for service immediately.
- •The recommended service interval is 6 months from the date of first use.
- •If there is any doubt of the suitability of any PPE device, DO NOT USE.
- •DO NOT USE any chemical cleaning agents.

