

TRIPOD ERECTION PROCEDURE



1. Before standing the tripod up, set height / leg length by removing pins and adjusting to required elongation.
2. Replace pins in desired pin holes (ensuring full penetration).
3. Stand tripod upright, and spread legs ensuring that they lock into place at the top assembly.
4. Fit bracket onto leg (ensure that the correct leg is chosen - the wire rope needs to pass in a straight line to the rope pulley sheave at the head of the tripod).
5. Ensure that ALL wing nuts are fully tightened.
6. Fit winch onto bracket - ensuring that all pins are tightened.
7. Remove pins on the head pulleys and fit wire rope - Replace pins.

To dismantle Tripod – Reverse above procedure.

Correct donning of Full Body Harness



STEP 1

Hold harness up by shoulder straps and ensure leg straps hang free



STEP 2

Pass arms through shoulder straps



STEP 3

Connect chest buckle



STEP 4

Adjust shoulder straps so rear 'D' sits between shoulder blades



STEP 5

Pull harness down at the back so sub pelvic strap sits under the buttocks



STEP 6

Connect leg buckles and adjust to a snug fit



RGA4

5mm Galv Wire Rope

Weight 11.35kg

EN 360 & EN 1496 part A & B

Features;
Fall Indicating Connector,
Retrieval System

Max Arrest Force;
6kN

Approx Arrest Distance:
0.5mtrs